July 16, 2020 For Immediate Release

Press Release

Heartland Express, Inc. Reports Revenues and Earnings for the Second Quarter of 2020

NORTH LIBERTY, IOWA - July 16, 2020 - Heartland Express, Inc. (Nasdaq: HTLD) announced today financial results for the three and six months ended June 30, 2020.

Three months ended June 30, 2020:

- Net Income of \$19.2 million, and Basic Earnings per Share of \$0.24,
- Operating Revenue of \$160.9 million, an increase of 13.2% over 2019,
- Operating Income of \$25.0 million,
- Operating Ratio of 84.5% and 83.0% Non-GAAP Adjusted Operating Ratio⁽¹⁾
- Cash Balance of \$82.5 million and Total Assets of \$930.5 million,
- Stockholders' Equity of \$702.6 million,
- Debt-Free Balance Sheet.

Six months ended June 30, 2020:

- Net Income of \$32.4 million, and Basic Earnings per Share of \$0.40,
- Operating Revenue of \$327.2 million, an increase of 16.2% over 2019,
- Operating Income of \$42.3 million,
- Operating Ratio of 87.1% and 85.6% Non-GAAP Adjusted Operating Ratio⁽¹⁾

Heartland Express Chief Executive Officer Mike Gerdin, commented on the quarterly operating results and ongoing initiatives of the Company, "Our operating results for the three and six months ended June 30, 2020 showed strength in terms of profit and overall operating efficiency during these volatile and challenging times. We continue to be most proud of our drivers and our team of employees that support them and our loyal customers each day."

Mr. Gerdin continued, "From a financial perspective, we were able to capitalize on our fifth consecutive quarter of growth in revenue before fuel surcharges and strong cost controls to deliver an operating ratio of 84.5% and a non-GAAP adjusted operating ratio⁽¹⁾ of 83.0% despite lower gains on sale of revenue equipment, and ongoing progress needed to apply our cost structure to the Millis Transfer business. From a market perspective, the quarter started off with weak freight demand in April and then strengthened each month during the quarter. This trend has continued through the first two weeks of July. We continue to be very pleased with the Millis Transfer acquisition, as revenue retention has been favorable, and we still have significant additional operating efficiencies to pursue."

"As always, we remain primarily focused on generating and allocating cash from operations. Net cash flows from operations for the first six months of 2020 were \$83.8 million, for a 25.6% operating cash flow margin. We applied this cash to invest \$63.9 million in our fleet and terminal network, return \$15.5 million to our stockholders through dividends and stock repurchases, and increase our cash balance by \$5.8 million since the end of 2019. We have once again proven that Heartland Express can generate and preserve cash from operations and make disciplined operating decisions to navigate the ups and downs that are inherent in our industry. We believe Heartland Express is well positioned to navigate a volatile freight market, changing customer needs and relationships, and an uncertain economic landscape in the months ahead. We thank the truck drivers of America for keeping the flow of critical goods and the economy moving during these challenging times."

Financial Results

Heartland Express ended the second quarter of 2020 with operating revenues of \$160.9 million, compared to \$142.1 million in the second quarter of 2019, an increase of \$18.8 million, or 13.2%. Operating revenues for the quarter included fuel surcharge revenues of \$14.0 million, compared to \$18.1 million in the same period of 2019, a \$4.1 million decrease. Operating revenues increased 18.4%, excluding the impact of fuel surcharge revenues⁽¹⁾, and increased sequentially during the last five quarters. Net income was \$19.2 million, compared to \$22.4 million in the second quarter of 2019, a decrease of \$3.2 million, primarily attributable to a very weak April freight environment and \$3.2 million less gains on sale, tax effected. Basic earnings per share were \$0.24 during the quarter. Operating income for the three month period ended June 30, 2020 decreased \$4.0 million primarily due to lower gains on sale of revenue equipment. The Company posted an operating ratio of 84.5%, non-GAAP adjusted operating ratio⁽¹⁾ of 83.0%, and a 11.9% net margin (net income as a percentage of operating revenues) in the second quarter of 2020 compared to 79.6%, 76.6%, and 15.7%, respectively, in the second quarter of 2019.

For the six-month period ended June 30, 2020, the Company recorded operating revenues of \$327.2 million, compared to \$281.7 million in the same period of 2019, an increase of \$45.5 million, or 16.2%. Operating revenues for the quarter included fuel surcharge revenues of \$33.4 million, compared to \$35.1 million in the same period of 2019, a \$1.7 million decrease. Operating revenues increased 19.1%, excluding the impact of fuel surcharge revenues⁽¹⁾. Net income was \$32.4 million, compared to \$39.7 million in the same period of 2019, a decrease of \$7.3 million (18.3%), driven primarily by \$6.3 million less gains on sale of revenue equipment, tax effected, in 2020. Basic earnings per share were \$0.40 during the quarter, compared to \$0.48 basic earnings per share in the same period of 2019. The Company posted an operating ratio of 87.1%, non-GAAP adjusted operating ratio⁽¹⁾ of 85.6%, and a 9.9% net margin (net income as a percentage of operating revenues) for the six months ended June 30, 2020 compared to 82.3%, 79.8%, and 14.1%, respectively, in the same period of 2019.

Balance Sheet, Liquidity, and Capital Expenditures

At June 30, 2020, the Company had \$82.5 million in cash balances and no borrowings under the Company's unsecured line of credit. The Company had \$88.5 million in available borrowing capacity on the line of credit at June 30, 2020 after consideration of \$11.5 million outstanding letters of credit. In addition to the current borrowing base of \$100 million, the Company has the ability to increase the available borrowing base by an additional \$100 million, subject to normal credit and lender approvals. The Company continues to be in compliance with associated financial covenants. The Company ended the quarter with total assets of \$930.5 million and stockholders' equity of \$702.6 million.

Net cash flows from operations for the first six months of 2020 were \$83.8 million, 25.6% of operating revenue. The primary uses of net cash generated from operations during the six-month period ended June 30, 2020 was \$38.2 million for net revenue equipment transactions, \$25.7 million for terminal projects, \$12.3 million for the repurchase of our common stock, and \$3.3 million for dividends.

The average age of the Company's tractor fleet was 2.1 years as of June 30, 2020 compared to 1.5 years at June 30, 2019. The average age of the Company's trailer fleet was 3.7 years at June 30, 2020 compared to 3.2 years at June 30, 2019. The Company currently anticipates a total of approximately \$60 to \$70 million in net capital expenditures for the remainder of calendar year 2020. We expect to record gains on sale of revenue equipment of approximately \$8 to \$9 million in the remainder of 2020, with all tractor dispositions already contracted with the manufacturers and their affiliates.

The Company ended the past twelve months with a return on total assets of 7.1% and a 9.6% return on equity.

The Company continues its commitment to stockholders through the payment of cash dividends and repurchases of common stock. A dividend of \$0.02 per share was declared and paid during the first and

second quarters of 2020. The Company has now paid cumulative cash dividends of \$487.1 million, including three special dividends, (\$2.00 in 2007, \$1.00 in 2010, and \$1.00 in 2012) over the past sixtyeight consecutive quarters since 2003. During the three months ended March 31, 2020, the Company purchased 710,376 shares of our common stock for \$12.3 million, and did not purchase any shares during the three months ended June 30, 2020 or the six months ended June 30, 2019. Our outstanding shares at June 30, 2020 were 81.4 million. A total of 6.8 million shares of common stock have been repurchased for \$126.1 million over the past five years.

Other Information

Operating revenue excluding fuel surcharge revenue and adjusted operating ratio are non-GAAP financial measures and are not intended to replace financial measures calculated in accordance with GAAP. These non-GAAP financial measures supplement our GAAP results. We believe that using these measures affords a more consistent basis for comparing our results of operations from period to period. The information required by Item 10(e) of Regulation S-K under the Securities Act of 1933 and the Securities Exchange Act of 1934 and Regulation G under the Securities Exchange Act of 1934, including a reconciliation to the most directly comparable financial measure calculated in accordance with GAAP, is included in the table at the end of this press release.

This press release may contain statements that might be considered as forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995, as amended. Such statements may be identified by their use of terms or phrases such as "seek," "expects," "estimates," "anticipates," "projects," "believes," "hopes," "plans," "goals," "intends," "may," "might," "likely," "will," "should," "would," "could," "potential," "predict," "continue," "strategy," "future," "outlook," and similar terms and phrases. In this press release, the statements relating to reducing unnecessary or unproductive costs, our ability to react to changing market conditions, operational improvements, progress toward our goals, and future capital expenditures are forward-looking statements. Such statements are based on management's belief or interpretation of information currently available. These statements and assumptions involve certain risks and uncertainties, and undue reliance should not be placed on such statements as a result of numerous factors, including, without limitation, those specified in the Company's Annual Report on Form 10-K for the year ended December 31, 2019 and updated in the Company's Quarterly Report on Form 10-Q for the quarter ended March 31, 2020. The Company assumes no obligation to update any forward-looking statements, which speak as of their respective dates.

Contact: Heartland Express, Inc. (319-626-3600)

Mike Gerdin, Chief Executive Officer Chris Strain, Chief Financial Officer

HEARTLAND EXPRESS, INC. AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF INCOME

(In thousands, except per share amounts)

(unaudited)

	· ·	Three Months Ended June 30,			Six Months Ended June 30,			
		2020		2019		2020		2019
OPERATING REVENUE	\$	160,873	\$	142,144	\$	327,191	\$	281,681
OPERATING EXPENSES:								
Salaries, wages, and benefits	\$	68,147	\$	53,432	\$	138,401	\$	107,228
Rent and purchased transportation		1,028		1,868		2,636		4,280
Fuel		18,287		23,339		44,228		46,519
Operations and maintenance		7,597		5,626		14,398		11,471
Operating taxes and licenses		3,724		3,500		7,566		7,391
Insurance and claims		5,852		3,985		11,206		8,774
Communications and utilities		1,272		1,104		2,692		2,327
Depreciation and amortization		27,168		22,615		53,803		44,842
Other operating expenses		6,056		5,187		12,965		10,358
Gain on disposal of property and equipment		(3,247)		(7,542)		(3,018)		(11,383)
		135,884		113,114		284,877		231,807
Operating income		24,989		29,030		42,314		49,874
Interest income		157		1,229		534		2,374
Income before income taxes		25,146		30,259		42,848		52,248
Federal and state income taxes		5,964		7,898		10,428		12,569
Net income	\$	19,182	\$	22,361	\$	32,420	\$	39,679
Earnings per share								
Basic	\$	0.24	\$	0.27	\$	0.40	\$	0.48
Diluted	\$	0.24	\$	0.27	\$	0.40	\$	0.48
Weighted average shares outstanding								
Basic		81,351		81,968		81,611		81,952
Diluted		81,415		82,027		81,680		81,991
Dividends declared per share	<u>\$</u>	0.02	\$	0.02	\$	0.04	\$	0.04

HEARTLAND EXPRESS, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED BALANCE SHEETS (in thousands, except per share amounts) (unaudited)

Income taxes payable5,6695,956Deferred income taxes, net102,29493,698Insurance accruals less current portion48,39151,211Total long-term liabilities156,354150,865COMMITMENTS AND CONTINGENCIESSTOCKHOLDERS' EQUITYCapital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively907Additional paid-in capital4,6064,141Retained earnings855,830826,666	ASSETS	June 30, 2020	December 31, 2019		
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Income taxes payable 531 — Other accruals 14,263 10,051 Total current liabilities 71,530 63,407 LONG-TERM LIABILITIES	Compensation and benefits	24,256		24,712	
Other accruals 14,263 10,051 Total current liabilities 71,530 63,407 LONG-TERM LIABILITIES 1000000000000000000000000000000000000	Insurance accruals	16,566		17,584	
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LONG-TERM LIABILITIESIncome taxes payable $5,669$ $5,956$ Deferred income taxes, net $102,294$ $93,698$ Insurance accruals less current portion $48,391$ $51,211$ Total long-term liabilities $156,354$ $150,865$ COMMITMENTS AND CONTINGENCIESSTOCKHOLDERS' EQUITYCapital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital $4,606$ $4,141$ Retained earnings $855,830$ $826,666$ Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively $(158,728)$ $(147,055)$ $702,615$ $684,659$	Other accruals	 14,263		10,051	
Income taxes payable $5,669$ $5,956$ Deferred income taxes, net $102,294$ $93,698$ Insurance accruals less current portion $48,391$ $51,211$ Total long-term liabilities $156,354$ $150,865$ COMMITMENTS AND CONTINGENCIESSTOCKHOLDERS' EQUITYCapital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital $4,606$ $4,141$ Retained earnings $855,830$ $826,666$ Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively $(158,728)$ $(147,055)$ $702,615$ $684,659$	Total current liabilities	71,530		63,407	
Deferred income taxes, net 102,294 93,698 Insurance accruals less current portion 48,391 51,211 Total long-term liabilities 156,354 150,865 COMMITMENTS AND CONTINGENCIES 50,865 50,865 STOCKHOLDERS' EQUITY 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital 4,606 4,141 Retained earnings 855,830 826,666 Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659 684,659	LONG-TERM LIABILITIES				
Insurance accruals less current portion48,39151,211Total long-term liabilities156,354150,865COMMITMENTS AND CONTINGENCIES500500STOCKHOLDERS' EQUITY2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively907Additional paid-in capital4,6064,141Retained earnings855,830826,666Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively(158,728)(147,055)702,615684,659	Income taxes payable	5,669		5,956	
Total long-term liabilities156,354150,865COMMITMENTS AND CONTINGENCIESSTOCKHOLDERS' EQUITYCapital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively907907Additional paid-in capital4,6064,141Retained earnings855,830826,666Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively(158,728)(147,055)702,615684,659	Deferred income taxes, net	102,294		93,698	
COMMITMENTS AND CONTINGENCIES STOCKHOLDERS' EQUITY Capital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital 4,606 4,141 Retained earnings 855,830 826,666 Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659	Insurance accruals less current portion	 48,391		51,211	
STOCKHOLDERS' EQUITY Capital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital 4,606 4,141 Retained earnings 855,830 826,666 Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659	Total long-term liabilities	156,354		150,865	
Capital stock, common, \$.01 par value; authorized 395,000 shares; issued 90,689 in 2020 and 2019; outstanding 81,356 and 82,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital 4,606 4,141 Retained earnings 855,830 826,666 Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659	COMMITMENTS AND CONTINGENCIES				
2020 and 2019; outstanding \$1,356 and \$2,028 in 2020 and 2019, respectively 907 907 Additional paid-in capital 4,606 4,141 Retained earnings 855,830 826,666 Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659	STOCKHOLDERS' EQUITY				
Retained earnings 855,830 826,666 Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659		907		907	
Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively (158,728) (147,055) 702,615 684,659	Additional paid-in capital	4,606		4,141	
702,615 684,659	Retained earnings	855,830		826,666	
	Treasury stock, at cost; 9,333 and 8,661 in 2020 and 2019, respectively	(158,728)		(147,055)	
\$ 930,499 \$ 898,931		 702,615		684,659	
		\$ 930,499	\$	898,931	

(1)

GAAP to Non-GAAP Reconciliation Schedule:

Operating revenue, operating revenue excluding fuel surcharge revenue, fuel surcharge revenue, operating income, operating ratio, and adjusted operating ratio reconciliation (a)

	Three Months Ended June 30,					Six Months Ended June 30,				
	2020		2019	2020		2019				
	(Unaudited, in thousands)			ousands)		ousands)				
Operating revenue	\$	160,873	\$	142,144	\$	327,191	\$	281,681		
Less: Fuel surcharge revenue		13,981		18,095		33,445		35,111		
Operating revenue, excluding fuel surcharge revenue		146,892		124,049		293,746		246,570		
Operating expenses		135,884		113,114		284,877		231,807		
Less: Fuel surcharge revenue		13,981		18,095		33,445		35,111		
Adjusted operating expenses		121,903		95,019		251,432		196,696		
Operating income	\$	24,989	\$	29,030	\$	42,314	\$	49,874		
Operating ratio		84.5 %		79.6 %		87.1 %	,	82.3 %		
Adjusted operating ratio		83.0 %		76.6 %		85.6 %	•	79.8 %		

(a) Operating revenue excluding fuel surcharge revenue, fuel surcharge revenue, and adjusted operating ratio as reported in this press release are based upon operating expenses, net of fuel surcharge revenue, as a percentage of operating revenue excluding fuel surcharge revenue. We believe that adjusted operating ratio is more representative of our underlying operations by excluding the volatility of fuel prices, which we cannot control. Adjusted operating ratio is not a substitute for operating ratio measured in accordance with GAAP. There are limitations to using non-GAAP financial measures. Although we believe that adjusted operating ratio differently. Because of these limitations, adjusted operating ratio should not be considered a measure of income generated by our business or discretionary cash available to us to invest in the growth of our business. Management compensates for these limitations by primarily relying on GAAP results and using non-GAAP financial measures on a supplemental basis.